



SA Rallying

“Rally together, Stay together”



This code applies to all rallies conducted in Australia



“The Buddy System”

A Message from the South Australian Rally Panel

With the start of the 2016 MRF South Australian Rally Championship, the South Australian Rally Panel takes this opportunity to introduce new competitors and to re-acquaint all competitors with ‘The Buddy System’.

Unlike motor racing, in rallying we compete against the clock, one car at a time: we do not compete directly against our opponents for track space.

The beauty of our sport is that it is just the crew and their car against the clock.

At a motor racing venue, there are safety marshals at close, regular intervals around the track. If there is an incident or accident there are firefighters and first aid people within seconds of that incident.

In rallying, if there is an incident or accident with your vehicle, the two people in the car that starts 2 minutes behind you are the first and best help you will get. If there is an incident or accident with the car ahead of you, **you** are the firefighter or first aid person for that crew. For this reason, it is important that you get to know the crews in the cars immediately ahead of you and the cars immediately behind you.

 South Australian Rally Championship

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Please introduce yourselves to your fellow competitors and safely enjoy our sport.

On the following pages are extracts from the National Rally Code on all manner of precautions and actions to take in an emergency. Please take the time to re-read these important procedures.

From your Rally Panel Members

SA Rallying, where we “Rally together, Stay together”



RALLY/ROAD

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8. SAFETY

8.1

CARRIAGE OF MOBILE TELEPHONES:

(i)

It is strongly recommended that, in those areas where cover exists, mobile phones be carried in all rally cars for use in an emergency.

(ii)

Organisers are to include in either the road book or route instructions as appropriate a list of the emergency numbers for each service provider.

(iii)

Nothing in this article shall prevent event organisers from prohibiting the use of mobile phones or other means of communication in other than emergency situations.

8.2

EMERGENCY PROCEDURE:

(i)

In the case of an accident where urgent medical attention is required, where possible the red "SOS" sign should be immediately displayed to the following cars and to any helicopter attempting to assist.

(ii)

Any crew which has the red "SOS" sign displayed to them or sees a car which has sustained a major accident but is not displaying the red "SOS" sign, shall immediately and without exception stop to render assistance.

All following cars shall also stop. The second car at the scene shall proceed to inform the next radio point.

Subsequent cars shall leave a clear route for emergency vehicles.

(iii)

Any crew which is able to but fails to comply with this rule will be reported to the stewards who may impose penalties in accordance with the National Competition Rules.

(iv)

In the event of a car stopping on the stage or an accident where immediate medical intervention is not required, the "OK" sign must be clearly and actively shown by a crew member to at least the three following vehicles and to any helicopter attempting to assist.



(v)

The road books shall contain a page giving the accident procedure.

(vi)

In the event of a car stopping in a special stage a warning triangle must be displayed in a conspicuous position at least 50 metres behind the car except where the car does not present a hazard to any following cars and crew or the crew of the stopped car. Following crews sighting the warning triangle must drive with caution and reduce speed until the stopped car has been passed.

Both the warning triangle and the OK sign must be left on display for the whole length of the period that the car is stopped on the course regardless of whether or not the crew remains with the car.

Failure to display either or both these signs as appropriate may result in disciplinary action being taken.

Crews are required to remove the warning triangle once the stopped car has been moved and no longer presents a hazard or they recommence the competition.

(vii)

Any crew retiring from a rally must report such retirement to the organisers as soon as possible; save in a case of force majeure. Any crew failing to comply will be subject to a penalty at the stewards' discretion.

APPENDIX F – General Requirements

REFLECTIVE TRIANGLES:

At least two reflective or fluorescent red triangles of metal or plastic material (sides at least 350mm in length) must be carried, and must be displayed in cases where a stationary car could be a hazard to other road users (e.g., breakdown).

SOS/OK SIGNS:

Each car is to carry at least one 'OK/SOS' sign. 'OK' shall be green or black, and 'SOS' shall be red. The sign may incorporate reflective materials.

Supplementary Regulations are to specify whether the organizer will supply a sign in the road book or as a separate rigid sign, or if each crew is to supply its own rigid sign.

If a sign is supplied in the road book, the back cover of the road book or route instructions shall be printed on one side with 'OK' and 'SOS' on the other side, and printed on card (min. 130gsm). The background must be at least A4 size (297mm x 210mm). For all Australian Rally Championship and National-level Tarmac Rally events the sign background must be A3 size (420mm x 297mm). The sign may be folded to fit within the A5 format (148mm x 210mm) of the road book or route instructions.

Road signs shall be on a mounting sheet of area at least 620cm² and the letters shall be clearly discernible and fit for the purpose. Such signs may be mounted on to rectangular or triangular self-supporting brackets. Where the crew is to supply the sign, it shall be presented at scrutiny.



FIRST AID KIT:

All vehicles are required to carry on board a weatherproof emergency first aid kit, which can be easily accessed, containing at least the following:

- 2 x extra-large universal accident dressings
- 2 x large open weave bandages
- 2 x medium open weave bandages
- 1 x pair dressing scissors
- 1 x roll adhesive tape
- 6 x safety pins
- 1 x large burn dressing with a non-adhesive surface
- 1 x thermo accident blanket
- 2 x medium combination pads
- 6 x adhesive plaster strips
- 1 x triangular bandage
- 2 x sterile eye pads
- 1 x first aid manual

NB:

These items may be purchased from St John Ambulance or from any reputable first aid supply company. This kit is no substitute for first aid training. It is recommended that all competitors should undertake a first aid training course.

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